VALUES REFLECTION
PUTTING DISC INTO PRACTICE

Through your reflection and discussions in class, identify one of your highest values.

Describe that value:

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Give a positive example of how you live that value through your behavior, does it connect with your DISC Profile?

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ADVANCED QUESTION

Consider a not so useful behavior relevant to the value.
(For example: If your value is 'Commitment' and you are a 'High C', a not so useful behavior could be rigidly sticking to a process in a situation that requires you to change an element of it.)

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