

TEAM DYNAMICS & GROUP WORK

Critical Relationship Groups

After watching the video 'Building Critical Relationships', it's time for you to reflect on the critical relationships you share with others in your team. (For example, a critical relationship in softball would be between a pitcher and catcher).

Identify one member of your team you share a critical relationship with.

1. What is their technical role or position in the team? (e.g. pitcher, catcher, first base)

2. What is their DISC Profile?

3. What makes your relationship critical for the success of the wider team?

4. Reflecting on your past interactions with this team member, what strategies have you found effective in fostering a positive and productive relationship?

5. Are there any challenges or conflicts that arise in your interactions with this team member? If so, what are they?

Share your answers with the team member you identified and discuss.