



TEAM DYNAMICS & GROUP WORK

An Interview about your DISC Profile

After watching the video 'Different Industry Professionals with Different DISC Profiles', it's your turn to reenact being interviewed about your DISC Profile. If you are a student completing this activity, think about your role in the context of being a student.

1. How would you describe your DISC Profile?

2. What specific strengths do you believe your DISC Profile brings to your role?

3. How have you had to adapt your communication style to work more effectively with your colleagues or teammates?

4. Can you share an instance where understanding your DISC Profile helped you overcome or navigate a challenging situation?

5. How do you utilize insights from your DISC Profile to continuously improve your performance and effectiveness in your role?
